



Amanda Aubry Cowan

December 24, 1952 - August 6, 2024

Amanda Aubry Cowan, 71, of Orlando passed away on August 6, 2024. She was born December 24, 1952 to Joyce and Eugene Aubry in Tulsa, Oklahoma. She came to Orlando at the age of 6 and was a lifelong member of First Presbyterian Church of Orlando, serving as an elder for many years.

Amanda married her high school sweetheart, Dr. Dave Cowan, in July 1977. She attended college and law school at Carleton College and the University of Florida. Amanda had a legal career in family law as well with the State Attorney's Office, where she retired after being recognized for 20 years of service. She also served in many volunteer positions for her children's schools and sports teams. She loved times and travels with family, Gator football games, boating, trying new recipes, beating nearly everyone at Gin Rummy, reading, and doling out good wisdom with no-nonsense toughness.

Amanda is survived by her husband, Dave; her children, Katie French (Berry), Anna Roush (Brandon), and David Cowan, III (Sarah); her seven grandchildren: Aubry and Will French; Aiden, Grace and Jacob Roush; and Scarlett and David Cowan, IV; and her brothers, Phillip Aubry (Vickie) and Mark Aubry (Esperanza). Amanda lived a full and rich life and will live on in the hearts and memories of her loved ones.

A memorial service will be held on Friday, August 23, 2024 at 11am at First

Presbyterian Church of Orlando, 106 E. Church St., Orlando, FL 32801.

Tribute Wall



“ *Emerald Garden Basket was purchased for the family of Amanda Aubry Cowan.*



August 22, 2024 at 10:05 PM



“ *Alton Arnold and Family planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Amanda Aubry Cowan.*

Alton Arnold and Family - August 21, 2024 at 10:02 AM



“ *Alton Arnold and Family purchased the Sentiments of Serenity Spray for the family of Amanda Aubry Cowan.*



Alton Arnold and Family - August 21, 2024 at 10:02 AM



“ *Judd and Rhonda Peterson purchased the Sentiments of Serenity Spray for the family of Amanda Aubry Cowan.*



Judd and Rhonda Peterson - August 19, 2024 at 03:19 PM

TR

“ *Ami and I appreciated Amanda as a kind, caring, and loving friend. We always Liked her sense of adventure and allowing Dave to live his life to the fullest even if she didn't agree with everything. She was quite resilient in dealing with his schemes. I can imagine she was probably the best Mom ever. Her children may not have agreed with this sentiment while they were in their teenage years but they would surely know now that she had their backs. She was so clever I would imagine it would have been hard for them to get much past her. We all know Amanda was a committed Christian because we knew her but those who didn't would have clearly seen it without having to be told. A Christ centered life she led where it was hard not to be a little envious of the ease in which she did it. I always felt in her presence I needed to stand a little taller, be more polite, and be more relationally aware of those around me. When Amanda was in a room you were compelled to be at your best. Not because she demanded it but because she deserved it. We will miss you Amanda.*

Thomas and Ami Rutledge

Thomas Rutledge - August 18, 2024 at 04:20 PM

RM

“ *Ron and Terre Matay purchased the Arrive in Style for the family of Amanda Aubry Cowan.*



Ron and Terre Matay - August 10, 2024 at 10:15 AM



“ *Serene Retreat was purchased for the family of
Amanda Aubry Cowan.*



August 07, 2024 at 05:31 PM