



## Dana Lynn Poulos

March 2, 1967 - April 14, 2014

Dana Lynn Poulos, 47, passed away at her home April 14, 2014.

She is survived by her mother, Linda Poulos of Orlando, FL, father William Poulos of Pinole, CA.

She is also survived by a cousin, Nancy Hogan of San Antonio, TX and great aunt, Lexie Ross of Stone Mountain, GA.

Dana was a great seeker of God through all paths and was excited to start Catholic instruction at St. Margaret Mary on April 15, 2014. She was an Intercessor and Prayer Warrior.

Despite Dana's visual disability she loved to read and learn. Her collection of books numbered around 200. She took on-line courses and excelled in them all. She wrote a book.

Her computer opened up the world to her through Facebook and Blogging. She was open-minded to all things and lived a very independent life.

Dana did yearly holiday baking for her friends and family with homemade gifts from her heart.

She is in Heaven with Jesus and walked through Life holding God's hand all

the way.

She is now complete in His Peace and Love. She had a Beautiful Soul and will be greatly missed by her family and friends.

# Tribute Wall

CC

“ *She was a very special women of God and still is in the spirit realm she is Miss*

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**Carol childs** - January 18, 2015 at 09:11 AM

DI

“ *Diana sent a virtual gift in memory of Dana Lynn Poulos*



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**Diana** - May 07, 2014 at 01:22 AM

FC

“ *I have never had the pleasure to meet Dana. The few things I have heard about her is that she was a real bubbly person. If she was anything like her mom, she was a great person. I worked with Linda for years, and never heard a mean comment come from her. Working in a restaurant that is not easy. We are all very sorry for such a great loss. We will all pray for her.*  
*Sincerely,*  
*Fran & Danny Conenna*

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**Fran & Danny Conenna** - May 05, 2014 at 07:04 PM

“What a LIFE! It's been two weeks since Dana went to be with Father God, and I still expect her to call. She would call me 3 or 4 times a week, and I'm still not used to the calls being gone....



I met Dana and her mother about two decades ago, and became aware of her physical problems, but they never hindered her zest for life. She never complained; she just moved forward at full speed! In my opinion, she crammed about 80 years of living into 47 years of LIFE.

Dana and I both have a "weird sense of humor." We would often "shock" each other by sprinkling our conversations with off-handed comments. It was all clean and wholesome, but "unexpected." Her laughter would erupt unrestrained; I would have to hold the phone away from my ear. I remember one of her calls that very week. She was telling me that her study of the Catechism was about completed, and she would be tested soon. I told her that she need not worry. As many Cats as she has had, she would "ace" that Cat test with flying colors. The laughter that followed was loud and long. "A merry heart doeth good like a medicine."

Dana had her value system in good order. It looked something like this:

1. God & Jesus. Her pursuit of Holiness in her life occupied 1st place, and spanned the study of several religions. These were not shallow studies. She was deep and sincere, and her conclusions were satisfying to her.
2. She pursued health. She searched the internet and assembled considerable knowledge about her conditions, nutrition, and natural health tips. It contributed to her mobility and length of life. She even authored books!
3. She valued "Rightness." Woe to the person who lied, cheated, or took advantage of others. If Dana was aware of it, passion would light up and she would PREACH! If a person wanted to befriend Dana, they had better behave!
4. Dana was focused and thorough. When she tackled a subject, it was attacked with intensity. "Whatsoever thy hand findeth to do, do

*it with all thy might." Her work ethic came right from the Bible.  
5. She was an intercessor and prayer warrior. Every day. Only in  
Eternity will we learn how many people's lives she changed with her  
prayers. Her prayers were specific and intense also - no "pansy"  
prayers from her! I know God was always listening for Dana.*

*Dana "adopted" me; she called me "Dad." I took her shopping for  
furniture, fixed things at her apartment, and had talks with her about  
God, health, and "other stuff." Whatever came into her apartment  
(furniture, computer, cat, book) she wanted me to come over and  
bless it. I think everything she had ended up being blessed.*

*A couple of years after she first came to my office, she noticed that  
our complimentary candy dish was nearly empty. She decided to fix  
that. Ever after, she made it her job to replenish my candy dish her  
own self...for years. But the REAL candy she supplied was the  
sweet joy and encouragement she gave every time I was with her.*

*It has been two weeks, but...I still expect her to call.....*

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*"Blessed are the dead who die in the Lord...that they may rest from  
their labors, for their deeds follow them." -Revelation 14:13*

*"The dead in Christ shall rise first. Then we who are alive and  
remain shall be caught up together with them in the clouds to meet  
the Lord in the air, and thus WE SHALL ALWAYS BE WITH THE  
LORD!" -I Thessalonians 4:17*

*-Nelson Alsup, Friend*

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**Nelson Alsup** - May 03, 2014 at 10:54 AM

FS

“ *Linda, you were blessed to have such a special daughter in Dana. Retain all the special memories you have of you times together and later when you think of them your heart will sing. We'll miss giving Dana a shoutout every time she came to your house.*

*Francis and Marcia*

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**Francis and Marcia Sowers** - May 01, 2014 at 02:29 PM

“ How ironic life is. I've never seen anyone who most of us would consider to be not self sufficient actually be so self sufficient. Dana and I started our friendship when she brought her cat Smokey to church. Who else but Dana brings her cat to church??!! Smokey lived to the age of 9 and came to somewhat of a tragic kitty death. I took him to the vet when he was very ill and beyond human help. That was hard on Dana. She never really got to say goodbye to her beloved furry friend.

Then she got Sunny as a kitten. She loved that cat. She often told me she hoped Sunny would live a good long life.

Dana loved to talk. We had many conversations over the years - about life, cats, parents, God, religion, her health concerns and struggles.

Every Sunday evening without fail Dana would call. First my home phone then my cell phone. I'm usually in the middle of at least 4 or 5 things so didn't always get to the phone right away.

Her message was always the same - Hey There Sis, just wanted to let you know Sunny and I are alive and kicking. It only now hits me how deep her words were.

Dana considered herself a prayer warrior. She was always willing to take on any request for prayer. I think she had a prayer hotline most of us don't know about.

Dana truly was one of a kind. She had a love for animals - a girl after my own heart. Dana never judged on external appearances. It never mattered what I was wearing, how I was wearing it, what color my hair was or how I wore it. She was, however, always quick to point out when I had garlic breath. She'd say, "Whew sister you smell like garlic". I would retort with my usual comment about keeping the vampires away. And she always gave me her happy chuckle.

This life was a tough struggle for Dana. But she usually kept her sense of humor and believed there was a greater purpose.

I admire and appreciate that - especially now. I will miss her - her sense of humor, her prayers, her Sunday night calls.

I never really got to say goodbye.

I'm thankful she's at rest now and have hope it will be better on the

*other side.*

*Lisa B*

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**Lisa B** - April 30, 2014 at 08:50 PM

SH

“ *Although Dana was not here as long as she should have been, she enjoyed life and lived it to the fullest.*

*Sam Harris*



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**Sam Harris** - April 30, 2014 at 06:08 AM

MB

“ *when i lived in orlando we were good friend's we had some good and fun times when we came to your house to visit you will be missed R.I.P. Dana until we meet again in HEAVEN Mark A Brown...*

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**mark a brown** - April 29, 2014 at 05:27 PM

DI

“ *Diana Irizarry lit a candle in memory of Dana Lynn Poulos*



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**Diana Irizarry** - April 29, 2014 at 01:48 PM

DI

“ Dear Dana, I miss your voice messages and your kind voice. Thanks for your gentle spirit and loveable words. I loved when you left me messages such as "Hi hun, just checking on you, when you get a chance give me a call, I love you sis." You were an angel and now more than ever. I know God has a very special place for you. Thank you for the bake goods, for being a wonderful friend and for loving us as we were part of your family. I have your two favorite perfumed skin softners: Farway and Rare Diamonds. Who would ever think that you were going faraway. I knew I had found in you a rare diamond however, not that you were going faraway. I never met such a wonderful woman like you! Friends like you are rare to find, just like the perfumed skin softner you loved to use. I will always remember the reason you gave me when you smelled Rare Diamonds for the first time. You told me "Diana, this reminds me of the fragrance Knowing, from Estee Lauder." Every time I see a bracelet or an angel I think about you since I know how much you loved the same. Also, when I see unique perfume bottles since you like placing them at your Altar. I remember and laugh when you called me and told me you had ordered some tunics and they were size medium and you needed help by adding fabric to the sides to make it extra large. Those were great times where we both laughed and made it happen. God bless you dear, you were smart and beautiful and very determined! I love you so much and I will always miss you and keep you in my heart and prayers. Thanks so much for understanding and reaching out when I went through many difficult times with my brothers amputation. Also, for sending him the surgical scissors as a gift. That was so sweet of you! You were awesome!!! I can't forget about the coupons you would cut out for him to get discounts on anything you thought it might help my brother save. I loved the fudge brownies you bake us and the beautiful birthday card you gave me. You were so sweet! You will make me laugh and enjoy our time over the phone or when I saw you. Dana, you were so funny and sweet! I love you my friend and sis. I will miss you always. I will see you sometime in heaven. Christian Alexander, will never forget you. He always loved you. You were so sweet to him. He could never forget when you got him his

*favorite Oreo cookies. He truly admired you and care for you as well as Edgar and me. We will miss you always. Love you sis... God bless your spirit. Love forever, Diana and family*

Diana Irizarry - April 29, 2014 at 01:36 PM

FM

“ *F. McGowan lit a candle in memory of Dana Lynn Poulos*



F. McGowan - April 29, 2014 at 08:16 AM

FM

*Sweet memories of a sweet girl. It was so wonderful meeting you Dana. Now you see the face of God. Prayers and blessings for your dear Mother. Love*

F. McGowan - April 29, 2014 at 08:19 AM

MA

“ *Dana ,  
You will be missed but with all your faith you  
are with god now,*



michael Altieri - April 28, 2014 at 07:51 PM

RP

“ *Dana: I am going to miss you. I am going to miss joking with you and harassing your mother. You were such a special person who always gave your all. I know that you are in Heaven by God's side. I love and miss you. Aunt Robin*

Robin Portello - April 28, 2014 at 05:25 PM

CP

“ Dana: You will be missed. You were a fine you lady, kind, considerate and had a very gentle spirit. Uncle Carlo loved to talk with you as you shared hours of conversation on your faith. You are so loved, and now you are at peace with our wonder Lord. We love you and miss you. You were blessed with such a wonderful mother who we love and adore. She is such a role model and misses you greatly. Love, Uncle Carlo and Aunt Maria.

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**Carlo and Maria Poliafico** - April 28, 2014 at 01:36 PM

HB

“ LINDA YOU RAISED A BEAUTIFUL DAUGHTER INSIDE AND OUT SHE LEARNED HER OPEN MINDNESS AND KINDESS FROM A BEAUTIFUL PERSON YOU WILL ALWAYS BE REMEMBERED AND LOVED BY ME DANA YOU ARE A VERY SPECIAL PERSON LOVE UNTIL WE MEET AGAIN YOUR ADOPTED AUNT HELEN

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**HELEN BROWN** - April 26, 2014 at 02:25 PM

BF

“ Boots & Fred lit a candle in memory of Dana Lynn Poulos



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**Boots & Fred** - April 24, 2014 at 09:21 PM

BP

“ I will miss hearing you laugh,I will miss hearing you say I love you.But most of all I will miss you calling me DAD. All you accomplished, your pride, your independent nature, make me proud to be your father. I wish we had more time together, some day we will. Until then always know your my little girl and I'll always Love and Miss you !!

LOVE ALWAYS DAD

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Bill Poulos - April 23, 2014 at 05:30 PM

LP

“ My Wonderful Daughter

I love you so much and miss you every minute of every day. You are an incredible woman to overcome all life's obstacles that came your way.



I am so very proud of you. I know you are happy now in Heaven.

Kiss everyone for me and I cherish the time we had together. I have your Angels here with me and you are with God and his Angels.

If you could see yourself, through my eyes, you would see how wonderful you are.

Love, Mom

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Linda Poulos - April 23, 2014 at 09:02 AM



*My Dear Friend Linda,*

*We have been friends for many years. We have shared the good times and the bad. I am so deeply saddened by your loss. I didn't know Dana as much as I would have liked but I did know her through you. You were a wonderful Mom to Dana and I know the two of you had a very special bond. You were blessed to have each other and I know the unconditional love was equally shared. There will be a special place in my heart for a wonderful Mother and her beautiful daughter.*

*I love you,  
Leslie*

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**Leslie Webster** - April 23, 2014 at 09:55 PM

BO

*Dear Linda*

*We are very sorry for your loss of your special daughter Dana our prayers are with you & Dana Rest in peace Dana love Boots & Fred*

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**Boots** - April 24, 2014 at 09:25 PM

MC

*My Dear "Sister" Linda,*

*I'm so sorry about the unexpected loss of your baby girl Dana. Even though she was an adult child, she was always your special daughter and best friend, and still your baby girl. She was love and she taught all of us what love is. Linda, you were the best mother, and she knew it. Dana touched so many lives and the loss of her is incomprehensible. Dana has left an empty spot in our lives now, but now she is our very own special angel. She will forever be in our hearts.*

*I love you,  
Marny Chall  
Tampa, Florida*

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**Marilyn (Marny) Chall** - April 28, 2014 at 06:16 AM

MA

*Linda,  
I am so sorry for your loss and Dana will be missed you are always in  
my prayers  
Love Michael*

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**michael Altieri** - April 28, 2014 at 07:52 PM

TM

*I'm sure going to miss my best friend. We always used chat on to talk.  
Tease each other to. To stop by and talked. She always called me her  
big sister.  
love teresa {teri} montgomery*

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**teri montgomery** - April 29, 2014 at 08:06 AM

DI

*Mrs. Linda,  
With sympathy at this difficult time. You and your family are being  
remembered in the daily Masses and prayers. May God in tenderness  
impact Courage and Comfort unto your heart. God bless you and  
watch over you always, The Irizarry Family (Dana's friends)*

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**Diana Irizarry** - April 29, 2014 at 01:54 PM

LS

*Linda, reading the messages here confirmed what I already know-you  
are a fantastic person and that is reflected in your daughter. I hope you  
can get past the sadness and focus on what a great daughter you  
raised and the good times you shared. Love you.  
Lois Scheer*

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**Lois Scheer** - June 08, 2014 at 04:19 PM

PC

*Linda, Sorry for your lose. We are out of town. We pray for you and  
yours. Love, Pat & Ken Cowley*

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**Pat Cowley** - July 22, 2014 at 04:10 PM