



## Frances M Haddock-Torres

September 20, 1972 - September 14, 2019

Frances M. Haddock-Torres

Frances, single and the youngest of the family, was born in San Juan, PR on September 20, 1972. Surrounded by her family, she passed away short of her 47th birthday on the 14th of September 2019 at Moffitt Cancer Center, Tampa FL.

Her parents Jorge and Ilia Haddock also raised Iliana (1965) and Carlos (1968) surviving siblings.

Her last residence was the city of Aventura, FL where she practiced as a Health and Wellness Coach, specially for professional athletes. She operated several high-end condo fitness centers.

She attended Our Lady of Pilar, a catholic school in San Juan. After graduating she moved to Orlando for her college degree at the University of Central Florida. Then, proceeded to complete her Masters degree in Clinical Psychology.

She was a complete athlete having played volleyball in junior high and track and field in college. An avid exerciser, she visited the gym on a daily basis, which helped her maintain a superb physical and mental condition. She was a

yoga and meditation lover, also known for her food concoctions of antioxidants and vitamins.

A true Virgo, she expressed profound love and demanded the same. Honesty, responsibility and perfectionism were among her multiple qualities.

Breast cancer struck her shortly after hurricane Maria. She had brought a small plane loaded of badly needed supplies to the island and mentioned feeling a small lump in her left breast.

Summoned by her physician mother, she underwent biopsies that revealed a highly malignant triple negative cancer. Despite excellent medical attention, the tumor did not respond to multiple chemo-therapies prior and posterior to her mastectomy.

According to her wishes, she will be cremated. Funeral services will be held at A Community Funeral Home, 910 Michigan St. Orlando, FL on the 19th of September 2019 from 5 to 8 PM.

# Previous Events

## Memorial Service

SEP **19**. 6:00 PM (ET)

A Community Funeral Home & Sunset Cremations  
910 W. Michigan Street  
Orlando, FL 32805  
(407) 841-4424  
<https://www.acommunityfuneralhome.com/>

# Tribute Wall



“ I met her in 1997 as Door Manager of Roxy Nightclub. She was the reigning "Miss Puerto Rico Of Orlando."

*We became like sister and brother.*

*She was one of the most amazing people I have ever met in my life. Her energy was addicting.*

*I regret not staying in touch with her as much the last few years and especially after her diagnosis and that is something that will haunt me for the rest of my life.*

*Rest in peace sister. I will miss your warm hugs. I will miss your smile. I will miss our laughter.*

*Most of all, I will miss you.*

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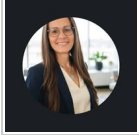
**Brandon Scott** - December 04, 2019 at 12:55 PM

MD

“ From time to time people describe a wonderful person as being “beautiful inside and out”. I can’t think of anyone in the world who fits that description more than Frances. My heart is broken at the thought of her not being here. She impacted so many lives with her knowledge of health & wellness, her sense of humor, and her positive energy & wisdom. It was my honor to have known Frances.

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**Mark Delawar** - November 18, 2019 at 06:29 PM



“ *My ...beautiful friend...  
She was beautifully created, professionally  
educated, and compassionately loved. She  
continued to educate me in the fine art of  
training and supplements...but, aside of that, I  
had the privilege to meet a great woman who always exceeded the  
expectations of things that she felt made a difference..I admired her  
for her strength and driven mind in all she did...in her honor, I will  
continue to educate others for the better in their lives.  
I miss my friend...very, very much.*



*Romans 8:28*

*And we know that in all things God works for the good of those who  
love him, who have been called according to his purpose*

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**Jennifer Maci** - October 13, 2019 at 02:40 AM



“ *We met her freshman year of college. We've  
been friends ever since. Words cannot  
express how empty i feel without her here.  
She had a kind and caring soul, which will  
truly be missed. Peace be with you my  
beautiful friend.*



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**Dee Newell** - October 07, 2019 at 03:09 AM

DA

“ I am so sorry to have missed her services. My wife and I met Frances when we lived at the Artec in Aventura. We kept in contact after we moved. She came to my church on special occasions. She called me when she was first diagnosed and asked for prayers. We last exchanged text messages one week before she died. She was and is a wonderful person, full of life, courageous and joy filled. This world would be a better place if there were more people like her in it. God's peace in the heavens friend.



*Pastor Dennis Andrews  
Miami Shores Presbyterian Church*

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**Dennis Andrews** - September 28, 2019 at 04:21 PM



*We met in college, we were friends ever since. Words can not express how empty I feel now. She was a kind and caring soul, who will be missed. Peace be with you my dear friend*

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**Dee Newell** - October 07, 2019 at 03:04 AM

IS

“ *Mi más sentido pésame a Iliá, Jorge y toda la familia. No hay palabras para expresar el dolor de la pérdida. Mis oraciones y pensamientos están con ustedes. 🙏.*  
*Ibis Dalia (Figueroa) Sigas 💕*

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**Ibis D Sigas** - September 23, 2019 at 08:11 AM

JH

“ Jenny Henderson sent a virtual gift in memory of Frances M Haddock-Torres



Jenny Henderson - September 19, 2019 at 03:28 PM

AT

“ Artech Condo Board of Directors & Mgmt Team purchased the Peaceful White Lilies Basket for the family of Frances M Haddock-Torres.



Artech Condo Board of Directors & Mgmt Team - September 19, 2019 at 02:22 PM

AR

“ Annie Roman lit a candle in memory of Frances M Haddock-Torres



Annie Roman - September 19, 2019 at 11:08 AM



“ Arrive in Style was purchased for the family of Frances M Haddock-Torres.



September 19, 2019 at 11:07 AM

TC

“ Tony Concepcion purchased the Arrive in Style for the family of Frances M Haddock-Torres.



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**Tony Concepcion** - September 19, 2019 at 09:10 AM

LS

“ Frances was a beautiful person inside and out. She was a successful businesswoman, inspirational and always managed to get the most out of her clients. She will be missed. She will definitely make heaven a better place.  
Shari and Lenny Steinbaum

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**Lenny and Shari Steinbaum** - September 18, 2019 at 09:47 PM



“ Full Of Love Bouquet was purchased for the family of Frances M Haddock-Torres.



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September 18, 2019 at 08:19 PM



“ Beautiful in Blue was purchased for the family of Frances M Haddock-Torres.



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September 18, 2019 at 04:33 PM

RV

“ Regina Valladares purchased the Divine Peace Bouquet for the family of Frances M Haddock-Torres.



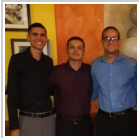
Regina Valladares - September 18, 2019 at 02:18 PM



“ Strength & Solace Spray was purchased for the family of Frances M Haddock-Torres.



September 18, 2019 at 02:05 PM



“ Mis condolencias a la familia,especialmente a sus padres ilia y jorge,nunca tuve el privilegio de conocer a frances pero se la clase de persona que fue mediante las platicas que he tenido con sus padres,para papito dios se que es todo un honor tener a frances a su lado.



Carlos Bracero - September 18, 2019 at 11:54 AM

CD

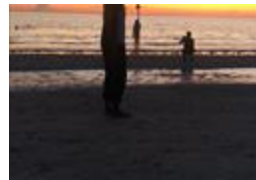
“ Mi mas profundo pesame a los familiares de Frances. La conocí cuando apenas comenzaba a estudiar en UCF, la recuerdo con su sonrisa..siempre alegre y asi la seguiré recordando..AMEN

Carlos E. DIEZ - September 17, 2019 at 10:37 PM



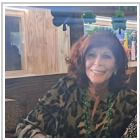
Michelle Maloy

“ *I'm filled with gratitude to have known the spirit and strength of Frances. My thoughts and prayers are with the family, and I know Frances is Mega proud of her niece, Dianne. Frances spirit present in a sporting event, in the smile of a stranger or the twinkle of a star. Always a warrior, you fought a good fight. Now it's time to rest and may you rest in peace always reminding us of the importance of love and kindness — Que en Paz Descanses.*



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**Michelle Maloy** - September 17, 2019 at 10:20 PM

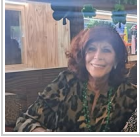


“ *Margie Kilfeather purchased the Full Of Love Bouquet for the family of Frances M Haddock-Torres.*



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**Margie Kilfeather** - September 17, 2019 at 09:20 PM



“ When Frances sent me this photo about a month ago, I told her that she was looking at the face of GOD. She is now sitting by his side. Rest in peace my dear dear friend. 🙏



Margie Kilfeather - September 17, 2019 at 08:52 PM

JS

“ Mi Chula linda ya estás descansando, te extrañaremos mucho y ahora llenaras de alegrías a los de arriba 🙏..... hasta que nos volvamos a ver. ❤️



jenny sosa - September 17, 2019 at 07:49 PM



“ Heavenly Grace Spray was purchased for the family of Frances M Haddock-Torres.



September 17, 2019 at 05:03 PM

GA

“ No saben cuanto lamento e fallecimiento de su hija....les mando todo mi carino y mi mas sentido pesame....mucha fortaleza. Estare rezando por ella y por ustedes ....reciban un fuerte abrazo....Georgia Maria

Georgia Alvarez - September 17, 2019 at 02:35 PM

SM

“ Sharon Miller lit a candle in memory of Frances M Haddock-Torres



Sharon Miller - September 17, 2019 at 02:32 PM

AG

“ Ana Gabaldon lit a candle in memory of Frances M Haddock-Torres



Ana Gabaldon - September 17, 2019 at 01:41 PM

AG

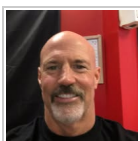
*Para iluminar tu camino, descansa en paz y reparte tu maravillosa energía donde estes.*

Ana Gabaldon - September 17, 2019 at 01:45 PM

GT

*Francis was an inspiration to many, including me. May her soul rest in peace.*

GT - September 17, 2019 at 04:16 PM



“ Jack Hays lit a candle in memory of Frances M Haddock-Torres



Jack Hays - September 17, 2019 at 01:25 PM

LS

“ 1 file added to the tribute wall



Luis Sosa - September 17, 2019 at 12:49 PM

DS

“ DEBBIE STEINHARDT lit a candle in memory of Frances M Haddock-Torres



DEBBIE STEINHARDT - September 17, 2019 at 12:15 PM

AR

*I knew you as a child, you were always the same, you had a great charisma; sweet and affectionate. You are part of my story and you will always be in my heart. The Lord has a beautiful place for you because you were a great human being. Rest in Peace! 🙏🙏*

Annie Roman - September 17, 2019 at 02:46 PM

AM

*Ilia y Jorge reciban mi mas sincero pesame.Un abrazo fuerte.Dios la tiene consigo!! 🙏🙏*  
Aixa M.Mariani

Aixa M.Mariani - September 17, 2019 at 04:01 PM



*Cuando la vida continua en otra dimension, solo nos consuela saber que Frances les acompaña a ti Iliá y a Jorge con su luz. Un abrazo fuerte en este momento de dolor. Que en paz descanse 🙏  
Sonia y Gilberto*

J

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**Sonia Cruz** - September 17, 2019 at 04:37 PM

AR

*Descansa en paz mi niña bonita, siempre recordaré nuestras conversaciones y tu hermosa sonrisa. Aida Ramos*

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**aida ramos** - September 17, 2019 at 07:36 PM



*We met in Florida at Tasha house, right off that bat we were family. Felt so close to you. We shared books and thoughts for several years. When the text stopped I knew you were heaven bound. I love and miss you. Come visit when you can Martin Patane*

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**Martin Patane** - December 05, 2021 at 02:29 PM